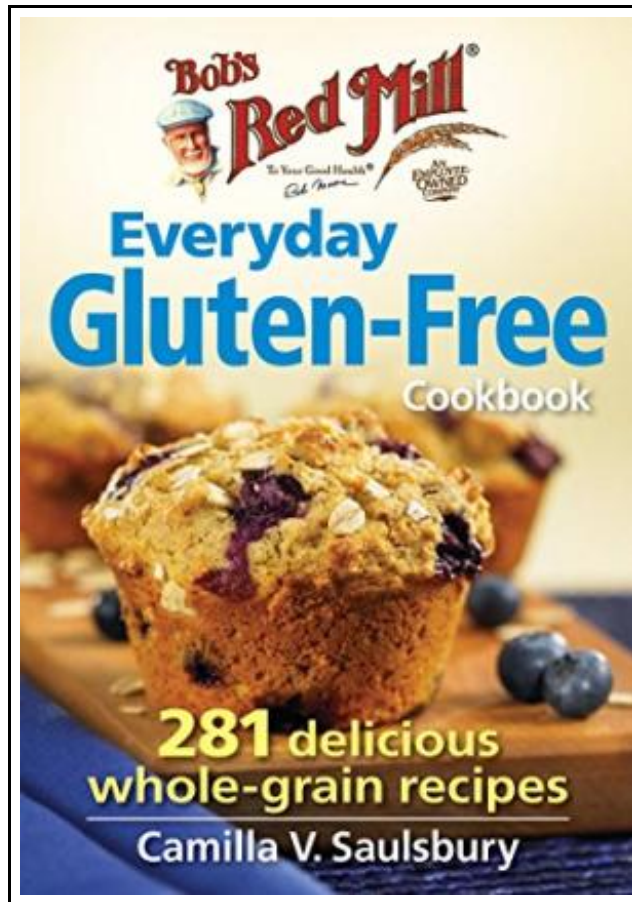


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Robert Rose Inc. Paperback. Book Condition: new. BRAND NEW, The Everyday Gluten-Free Cookbook (Bob's Red Mill): 250 Delicious Whole-Grain Recipes, Camilla Saulsbury, For more than 30 years, Bob's Red Mill has been committed to providing the very best in gluten-free flours, cereals, baking mixes and grains. Every day they go to great lengths to ensure the integrity of their products - even building a separate gluten-free packaging division complete with specialised machinery to make sure that their products maintain their gluten-free purity. The very best ingredients in the hands of the very best recipe developer is a winning combination. Camilla Saulsbury is an award-winning recipe developer and bestselling author who has created more than 250 recipes in this new book that showcase the health benefits of a gluten-free diet and result in immensely delicious, creative and satisfying dishes. These sublime recipes are proof positive that good taste and gluten-free options can be really tasty too. Breakfast: Pumpkin Waffles, Teff and Chia Crunch Clusters. Soups, Stews & Chillies: Chicken Stew with Herbed Dumplings, Quinoa and Corn Chowder. Salads & Sides: Lemony Chia and White Bean Salad, Supergreen Millet Salad. Meat, Poultry and Fish: Crispy Almond Baked Chicken Fingers, Ancient Grains Tuna Casserole, Fresh Taqueria Tacos. Meatless Main Dishes: Tempeh and Vegetable Fried Quinoa, Deep Dish Pizza Casserole. Breads: Banana Bread, Ancient Grain Tortillas, Coconut Flour Scones. Desserts: Strawberry Shortcake, Fudge Brownies, Triple Ginger Teff Gingerbread, Lemon Tart. Throughout the book there are a wealth of cooking and baking tips and techniques along with information on how to adapt favourite recipes into gluten-free versions.



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