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Conquered

By Denalee Call Chapman

Civicus. Paperback. Book Condition: New. Paperback. 174 pages. Dimensions: 9.0in. x 6.0in. x 0.4in. CONQUERED is the experience of one persons shocking diagnosis and subsequent healing from an incurable, debilitating disease. Covering diet, stress, physical exercise, the power of the mind, and spirituality, CONQUERED takes us through steps leading to her miraculous healing. Universal to all, whether physically diseased or whole, this book is an inspirational and practical guidebook to feeling well and being well. That night, alone in my bedroom, I pictured myself digressing. I could see myself in a wheel chair, unable to really care for myself. All the worst possible scenarios came into my mind, and I broke down . . . I called my parents, calmly told them what was going on, and then I fell apart. All I could say, through my sobs was, I dont want to have MS, My parents comforted me as only parents can. When I hung up I fell to my knees and prayed for peace . . . I knew I could and would learn and grow from this; but I also drew strength from the fact that through my experience others could learn and grow. And I absolutely believe...



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