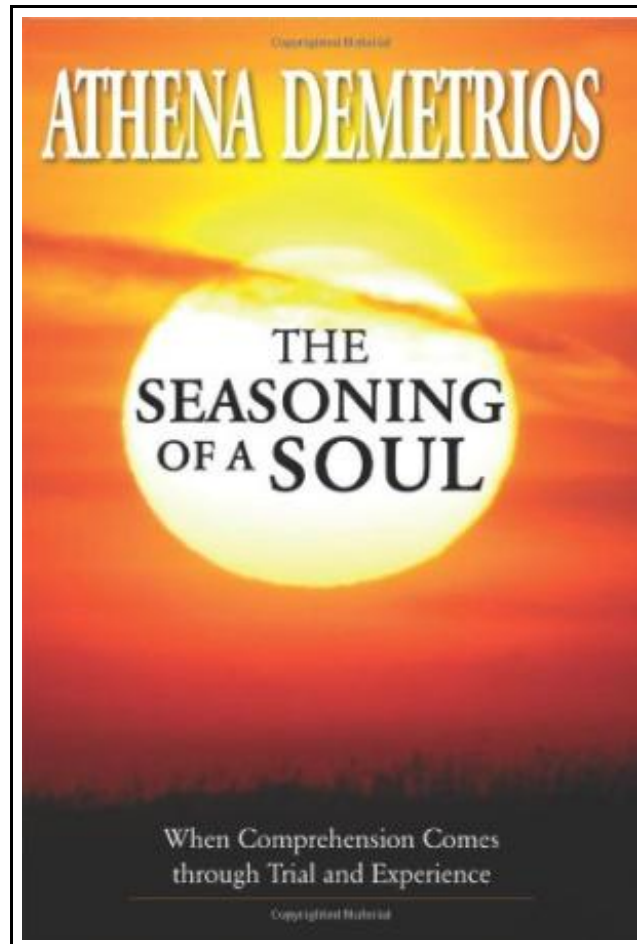


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Outskirts Press. Paperback. Book Condition: New. Paperback. 492 pages. Dimensions: 8.8in. x 5.8in. x 1.3in. A spiritual odyssey that will open your heart. Growing up in abject poverty, terrorized by a boarder who lived in the root cellar, Athena Demetrios repressed the memories, thrusting her into a downward spiral of melancholy and despair. Transcendence and healing would come through reliving the horrors of her past through hypnotic regression. A powerful spiritual experience opened doors into other dimensions, which began an odyssey where truth became stranger than fiction. Her story of courage, mystical insight, and other-worldly guidance will open your heart and challenge your perception of the borders of our minds and the boundaries of our world. This is a tale of past-life visions and in-between-lives experiences, hypnotic regression, alien encounters, and spirit communication. Traveling with her down the pathways and through the rabbit holes of a life lived in relentless pursuit of truth, no matter how strange it seems, will bring you, along with the author, into the radiant light of self-discovery, knowing, and being at peace with all that is. The Seasoning of a Soul is startling, intense, intelligent, and controversial. Athena Demetrios, takes us with her as she walks between worlds, and in the style of The De Vinci Code author Dan Brown, renders the reader incapable of putting the book down. -Dr. Janet Price As a former journalist who has written for Vanity Fair and O Oprah Magazine, for me, this compelling memoir is a must read. Athena Demetrios's writing rivals her peers by its immediacy, heart grit and narrative drive. She writes with profound clarity, authority and candor, pulling no punches. -HeathCliff Rothman, Founder of Film Your Issue The Seasoning of a Soul is a sensitive, inspirational, and fascinating story of life, a look into pain and joy, fear...



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