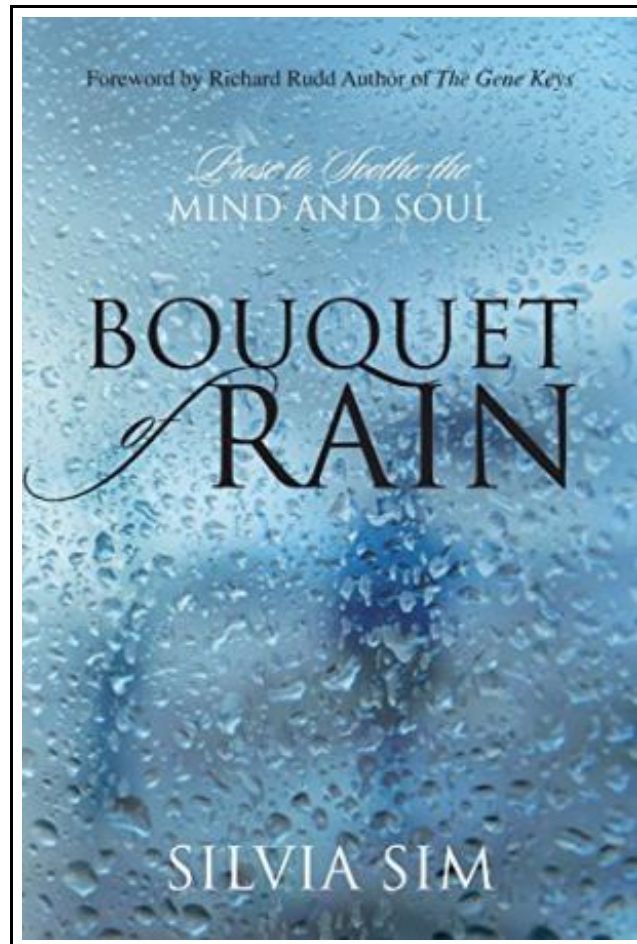


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Outskirts Press, United States, 2014. Paperback. Book Condition: New. 224 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Silvia Sim is a Yogi Master and has taught yoga full time for more than 20 years. Silvia is now a pioneer and highly recognized and sought after Yogi Master in many modalities of Yoga, Energy Flow, Nutrition and Mind/Body Wellness. Since Silvia founded her studio YogaCraze in 1998, her client base and influence in New Age Energy Modalities has continued to grow worldwide. Silvia s life as a yogi and healer has taken her into the lives of many students and seekers, who have opened their hearts and souls to her, in their desire for understanding and in search of peace and wisdom. It is through those soulful windows of her friends and yoga students and her own personal and spiritual journey over the past 30 years, from which Silvia has drawn wisdom and inspiration for her prose and poetry. Silvia hopes that this book will resonate with similar souls undergoing their personal anguish, trials and tribulations by hopefully guiding all towards a new transformation. It is hoped that through this book the reader will realize that they are not alone. That no one experience is unique in its lesson; that it is only in its circumstances that differ from one to another. This book is written and dedicated to unite all of us in our quest to learn, to be at peace with one another. That we are all only separate in physical beings but share the same soul journeys towards our destiny so may we all return to the same soulful place from where we all came. Silvia Sim currently resides in Kuala Lumpur, Malaysia with her children.



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